

# MCC COPE & Climbing Foundations Level II Instructor Training

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| <b>Course Name</b>                                                          | COPE & Climbing Foundations Level II Instructor Training Course                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Course Dates</b>                                                         | March 2-3, 2024                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Course Duration</b>                                                      | 14 Hours (8 am Saturday to 12 pm Sunday)                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Course Location</b>                                                      | Belk Scout Camp<br>Participants will be staying in Camp Staff Cabins                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Course Fee</b>                                                           | \$35 (Includes meals)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Course Eligibility</b>                                                   | <b>By Invitation Only</b> -- BSA Registered Adults (at least 18 years old) with a current COPE & Climbing Foundations Level I Instructor Training Card                                                                                                                                                                                                                                                                                                                                                      |
| <b>Course Prerequisites &amp; Required Reading Prior to Start of Course</b> | <ul style="list-style-type: none"> <li>• BSA Youth Protection <sup>1</sup></li> <li>• BSA Climb On Safely <sup>1</sup></li> <li>• BSA Weather Hazards <sup>1</sup></li> <li>• BSA Annual Medical and Health Form (Parts A &amp; B) <sup>2</sup></li> <li>• <b>Read Chapters 2-5, 7-8, &amp; 16-22 in the BSA "Belay On" Manual <sup>3</sup></b></li> </ul>                                                                                                                                                  |
| <b>Course Provided Equipment</b>                                            | <p>A climbing harness and helmet will be provided for use by each participant during the training course. If you have your own climbing harness and helmet, you may bring them to the weekend course and request approval for use.</p> <p><b><i>IMPORTANT NOTE:</i></b> Prior to granting permission for use, all personal climbing harnesses and helmets will be subject to inspection by the course staff to ensure they meet both BSA's and the manufacturer's safety and appropriate use standards.</p> |
| <b>Course References</b>                                                    | <ul style="list-style-type: none"> <li>• BSA "Belay On" Manual <sup>3</sup></li> <li>• BSA "Climb On Safely" Training Outline <sup>3</sup></li> <li>• BSA "Climbing" Merit Badge Pamphlet</li> <li>• Climbing Knots including but not limited to the following: Figure 8, Figure 8 Follow Through, Water Knot, and Stopper Knot.</li> </ul> <p><i>An excellent on-line resource is "Animated Knots" by Grog (<a href="http://www.animatedknots.com">www.animatedknots.com</a>).</i></p>                     |
| <b>Course Registration</b>                                                  | Please register online ( <a href="http://www.mccscouting.org/copeclimbing">http://www.mccscouting.org/copeclimbing</a> ) or visit the MCC Scouting Office and pay course fee by February 23, 2024.                                                                                                                                                                                                                                                                                                          |
| <b>Course Questions</b>                                                     | Contact Sasha Timkovich <a href="mailto:timkovich@gmail.com">timkovich@gmail.com</a> (704) 340-0970                                                                                                                                                                                                                                                                                                                                                                                                         |

## Course Description

The course is designed to build upon the Challenging Outdoor Personal Experience (COPE) & Climbing Level I Foundations training and will focus on the COPE & Climbing Foundations Level II Instructor competencies. Our training goal is to ensure that you can safely and effectively lead MCC Unit, District, and Council COPE & Climbing activities held at the climbing tower (or indoor wall) at either Belk Scout Camp or Mecklenburg Scout Reservation (MSR). Training will be conducted following the BSA "Belay On" Manual, National Camp Accreditation Program (NCAP) Standards, and MCC's COPE & Climbing Program Policies and Procedures.

This Level II course is intended for BSA registered adults (by invitation only) who meet the above prerequisites and are interested in leading climbing and rappelling activities held at either camp's tower or the MSR indoor climbing wall. Upon successful completion of the course (to include demonstrating Level II competencies), adults will receive their BSA "Artificial Climbing Structure Level II Instructor" training card.



*Please note that this course will only focus on the climbing tower elements and will not cover low or high COPE courses or Climbing Level II competencies & natural rock climbing/rappelling or anchor set-up/safety.*

<sup>1</sup> BSA prerequisite training must be current (i.e. within 2 years) or completed before the Instructor Training Card can be issued

<sup>2</sup> BSA Annual Medical Form (Parts A & B) must be current (i.e. within 12 months)

<sup>3</sup> MCC COPE/Climbing Website Address: <http://www.mccscouting.org/cope-climbing>